## SHELFTALKER PRINT AND CUT TO HANG ON YOUR SHELF



## Rustichella d'Abruzzo **Fregola Sarda**



Fregola Sarda (from Sardinia) is made in a similar manner to couscous, but is then toasted in a wood-burning oven.

**Serve with** grilled shrimp or fish, chopped parsley, & lemon juice. Toss with roasted tomatoes & chopped olives.

Manicaretti Italian Food Importers founded by **ROLANDO BERAMENDI** 5332 College Avenue, Suite 101 | Oakland, CA 94618 Visit **manicaretti.com** for more information p. **1.800.799.9830** | f. **1.510.655.2034** email **orders@manicaretti.com**